



it all starts with you™  
INTERNATIONAL  
WORKPLACE

# International Workplace Course Brochure



Call us **0333 210 1995**

# CONTENTS

About International Workplace.....	3	<b>First Aid Training Courses.....</b>	<b>21</b>
How we deliver our training courses .....	4	Emergency First Aid at Work (Level Two) .....	22
<b>IOSH TRAINING COURSES .....</b>	<b>5</b>	First Aid at Work (Level Three) .....	23
IOSH Managing Safely .....	6	First Aid Refresher.....	24
IOSH Managing Safely Refresher.....	7	<b>Fire And Evacuation Training Courses ..</b>	<b>25</b>
IOSH Working Safely.....	8	Fire Marshal.....	26
IOSH Managing Occupational Health and Wellbeing .....	9	Fire Risk Assessment .....	27
IOSH Safety for Executives and Directors.....	10	Fire Safety Awareness .....	28
<b>NEBOSH National General Certificate..</b>	<b>11</b>	Fire Warden.....	29
<b>IN-HOUSE TRAINING COURSES .....</b>	<b>12</b>	Personal Emergency Evacuation (Peeps) .....	30
<b>Hazards Training Courses.....</b>	<b>13</b>	<b>Construction And Risk Training Courses .....</b>	<b>31</b>
Accident and Incident Reporting .....	14	CDM Regulations Awareness .....	32
Asbestos Awareness .....	15	Manual Handling Awareness .....	33
Control of Substances Hazardous to Health .....	16	Permits to Work.....	34
Display Screen Equipment (DSE) Assessors.....	17	Risk Assessment and Method Statement (RAMS).....	35
Display Screen Equipment (DSE) Awareness.....	18	Selection and Control of Contractors.....	36
Legionella Awareness .....	19	Slips, Trips and Falls Awareness.....	37
Lone Working.....	20	Working at Heights.....	38
		<b>Environmental Training Courses.....</b>	<b>39</b>
		Environmental Awareness .....	40
		Introduction to Environmental Management .....	41

# ABOUT INTERNATIONAL WORKPLACE

International Workplace is a learning solutions provider, established in Cambridge in 1995. We work in partnership with renowned businesses in the UK and internationally, using our expertise in the discipline of Health and Safety training to help them and their staff in adhering to best practice in the workplace.

A leader in learning technologies, we deliver expert digital content that promotes and fosters learner engagement, providing employers with data, insight and analysis to track and improve individual and corporate performance. Our award-winning work has been recognised for its innovation, the value it adds to clients, and its focus on the learner experience.

Trust lies at the heart of what we do. Our content is authoritative and credentialed: we are a licensed training centre for IOSH (health and safety) and NEBOSH. Our systems are robust and reliable: we are accredited to the ISO 27001 Information Security Management standard, and all our solutions conform with data and privacy best practice.

*Ultimately, we believe in the power of people – our own colleagues, and the people we work for – encapsulated in our strapline: It all starts with you™*

This brochure gives you an overview of all the health, safety and wellbeing courses we deliver here at International Workplace, including accredited IOSH and NEBOSH courses and our range of in-house training courses.

We deliver our training courses via eLearning, virtual classroom and face-to-face training – delivery of training can vary depending on the course. Our eLearning courses can be accessed online via International Workplace's learning system or your own LMS. This is managed by our SCORM-based content connector, enabling integration into any SCORM compliant system. Ahead of any virtual classroom or face-to-face training course, our trainers will engage with you to ensure all training meets your key criteria, providing the opportunity to adapt the course materials and information to create a unique training course tailored to your industry and company. In addition, clients gain access to our analytics platform to monitor and track learner progress.

# HOW WE DELIVER OUR TRAINING COURSES

At International Workplace we provide three different methods of training delivery. The duration of these delivery options will depend on your selected training course.



## **eLearning:**

A flexible way to study online, where you will gain access to our digital learning platform and interactive workbook. An online learning approach that allows you to study when and wherever you want.

### *Why eLearning?*

- Access our courses through your own LMS with our SCORM compliant courses.
- Monitor learner progress via our analytics platform – accurate, real-time reporting.
- Supported by a variety of interactive eLearning materials.
- Our unique interactive digital workbook builds as you progress through the course – perfect for revision.



## **Virtual Classroom:**

A combination of live online tutorials led by one of our qualified trainers, and supported by our digital learning platform, where you can access all the course content and resources.

### *Why virtual classroom?*

- Tailor the course to your own policies and procedures, to create a unique, client-centric course focused on your company.
- Our innovative eLearning materials provide learners with a flexible timeframe to complete the course.
- Accurate real-time analytics on learner progress.
- Virtual training can save you up to 80% in cost compared to traditional classroom training.



## **Face-to-face Classroom:**

Delivered via the traditional classroom approach where one of our qualified trainers comes to you, at either your company's premises or a location of your choice.

### *Why face-to-face classroom?*

- Tailor the course to your own policies and procedures, to create a personalised learning experience.
- Access to in-depth learner analytics through the course.
- Benefit from our trainer's experience and extensive knowledge, as they support you throughout the course.
- We have over 25 years' experience in workplace training.

# IOSH TRAINING COURSES

Explore our range of IOSH accredited courses.



# IOSH MANAGING SAFELY

IOSH Managing Safely is designed for managers and supervisors in any sector, and any organisation worldwide. They won't suddenly become safety experts – but they'll get up-to-speed on the practical actions they need to take and gain the knowledge and tools to tackle the safety and health issues they're responsible for. Importantly, IOSH Managing Safely makes a powerful case for safety and health being an integral part of day-to-day management and business.

On completion of the course and submission of the final assessment project, successful delegates are awarded an IOSH Managing Safely certificate.

## IOSH Managing Safely covers:

- The moral, legal and financial reasons for managing safely
- Managers' responsibility and accountability for safety and health in the workplace
- Assessing and controlling risks
- Understanding and managing hazards
- Investigating incidents and remedial action
- Measuring safety and health performance
- The three essential principles for good safety and health performance



[Click here to find out more about our IOSH Managing Safely course »](#)

## COURSE DELIVERY

We provide three different delivery options for our IOSH Managing Safely course:

- **eLearning**, study via our engaging eLearning platform and experience our interactive workbook, a recommended study time of 22 hours.
- **Virtual classroom**, study via a combination of 3 x 3-hour live tutorials led by our IOSH trainers and our digital learning platform.
- **Face-to-face classroom**, a three-day course led by our IOSH trainers, delivered at a location of your choice.

We also deliver an IOSH Managing Safely public classroom course, [view our upcoming dates here](#).

*“If you have managers who can be held legally accountable, it's only right that they have the knowledge this course provides to keep themselves and their teams safe.”*

**David Brown**, University of East Anglia

# IOSH MANAGING SAFELY REFRESHER

IOSH Managing Safely Refresher is designed for managers and supervisors in any sector, and any organisation worldwide who have completed the IOSH Managing Safely course at any point previously. The course is designed to provide continued support to managers dealing with health and safety issues in the workplace. Specifically, the course aims to revisit key management responsibilities from the IOSH Managing Safely course and update relevant changes in good practice guidance, legislation and standards.

On completion of the course, successful delegates are awarded an IOSH Managing Safely Refresher certificate.

## IOSH Managing Safely Refresher covers:

- Thinking back
- Assessing risk
- The legal framework
- Understanding your responsibilities
- Health and Safety Management Systems
- Investigating accidents and incidents
- Performance management



[Click here to find out more about our IOSH Managing Safely refresher course »](#)

## COURSE DELIVERY:

We provide three different delivery options for our IOSH Managing Safely Refresher course:

- **eLearning**, study via our engaging eLearning platform and experience our interactive workbook, a recommended study time of 6 hours.
- **Virtual classroom**, a one-day that is a blend of live tutorials led by our IOSH trainers and our digital learning platform.
- **Face-to-face classroom**, a one-day course led by our IOSH trainers but delivered at a location of your choice.

*“The course content International Workplace put together was very informative and delivered with a mixed content of visual and verbal teachings which made it a lot easier to follow and absorb the course information.”*

**David Connelly**, Savills

# IOSH WORKING SAFELY

IOSH Working Safely is designed to meet the Government's guidelines for introductory health and safety training and offers health and safety basics for employees in any organisation and any sector. It is specifically designed for those employees who are exposed to common workplace hazards on a day-to-day basis and who need a basic grounding in the essentials of health and safety. It is especially useful when something more than a very short health and safety induction is required.

On completion of the course and submission of the final hazard spotting assessment, successful delegates are awarded an IOSH Working Safely certificate.

## IOSH Working Safely covers:

- Introducing working safely
- Defining hazard and risk
- Identifying common hazards
- Improving safety performance
- Enhancing safety, health and wellbeing through everyday behaviours



[Click here to find out more about our IOSH Working Safely course »](#)

## COURSE DELIVERY:

We provide three different delivery options for our IOSH Working Safely course:

- **eLearning**, study via our engaging eLearning platform and experience our interactive workbook, a recommended study time of 6 hours.
- **Virtual classroom**, a one-day that is a blend of live tutorials led by our IOSH trainers and our digital learning platform.
- **Face-to-face classroom**, a one-day course led by our IOSH trainers but delivered at a location of your choice.

*“I am delighted with the IOSH training that sits within our very own LMS, giving us the flexibility for our people to study in the workplace and at their own pace. The course was easily integrated into our system and the service received from our Account Manager was impeccable.”*

**Jane Callan**, DWF LLP

# IOSH MANAGING OCCUPATIONAL HEALTH AND WELLBEING

IOSH Managing Occupational Health and Wellbeing is for managers and supervisors working in any sector and for any organisation. It's designed to provide them with the tools and techniques to improve health and wellbeing across their organisation. They won't suddenly become health and wellbeing experts – but it will help them to become line managers who truly care about the health and wellbeing of an organisation's most important asset – its people.

On completion of the course and submission of the final assessment project, successful delegates are awarded an IOSH Managing Occupational Health and Wellbeing certificate.

## IOSH Managing Occupational Health and Wellbeing covers:

- A healthy company: understand how to manage the health and wellbeing of workers and have more effective discussions regarding their health needs.
- Health risk management: explore what health management is and why it makes good business sense to manage occupational health and wellbeing in the workplace.
- Fitness for work: understand non-related physical and mental health conditions and how this impacts employees' fitness for work.
- Wellbeing: How wellbeing adds value to the organisation and how to promote healthy lifestyles and positive mental health to enable a healthy workplace culture.



[Click here to find out more about our IOSH Managing Occupational Health and Wellbeing course »](#)

## COURSE DELIVERY:

We provide three different delivery options for our IOSH Managing Occupational Health and Wellbeing course:

- **eLearning**, study via our engaging eLearning platform and experience our interactive workbook, a recommended study time of 6 hours.
- **Virtual classroom**, a one-day that is a blend of live tutorials led by our IOSH trainers and our digital learning platform.
- **Face-to-face classroom**, a one-day course led by our IOSH trainers but delivered at a location of your choice.

*This course has useful materials and information that can help identify areas to improve, plan and monitor, that will support change in the wellbeing and health of staff.*

Terry Brown, Anglia Ruskin University

# IOSH SAFETY FOR EXECUTIVES AND DIRECTORS

IOSH Safety for Executives and Directors is designed for anyone who has responsibility for policy making and strategic planning for health and safety within any organisation. “Good safety is good business” is the ethos of the course, and this is reflected in the HSE guidance aimed at board members, directors and other senior managers in all organisations. This message needs to be driven down through the organisation so that at all levels, the importance of safety culture and personal accountability is clearly understood.

On completion of the course and submission of the personal statement assessment, successful delegates are awarded an IOSH Safety for Executives and Directors certificate.

## IOSH Safety for Executives and Directors covers:

- Board and Senior Management accountabilities
- Corporate Manslaughter and personal liabilities
- The cost of accidents to the business
- Concept of safety management
- Enforcement arrangements
- Benefits of having a good safety culture and an effective risk management system
- Top level indicators of health and safety performance
- Key actions for the board, directors and senior managers



[Click here to find out more about our IOSH Safety for Executives and Directors course »](#)

## COURSE DELIVERY:

We provide three different delivery options for our IOSH Safety for Executives and Directors course:

- **eLearning**, study via our engaging eLearning platform and experience our interactive workbook, a recommended study time of 6 hours.
- **Virtual classroom**, a one-day that is a blend of live tutorials led by our IOSH trainers and our digital learning platform.
- **Face-to-face classroom**, a one-day course led by our IOSH trainers but delivered at a location of your choice.

*“International Workplace were adaptive, flexible and accommodating to our needs, tailoring each programme to meet our requirements and our council’s health and safety priorities.”*

**Kelly Castle**, Cheshire West and Chester Council

# NEBOSH NATIONAL GENERAL CERTIFICATE

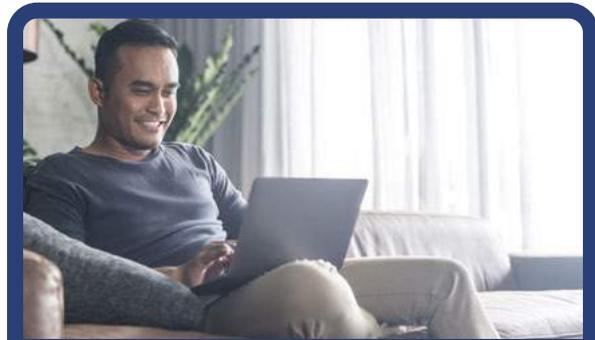
The NEBOSH National General Certificate (NGC) training course provides a comprehensive overview of the core aspects of occupational health and safety, preparing individuals with the knowledge and skills to manage workplace risks effectively.

This course is designed for managers, supervisors and workers in any type of organisation, who are wanting to develop a broad understanding of health and safety issues and to be able to manage day-to-day risks effectively. An internationally recognised and respected qualification for anyone with health and safety responsibilities.

## NEBOSH National General Certificate covers:

The NEBOSH National General Certificate course syllabus is divided into 11 sections:

- Why we should manage workplace health and safety
- How health and safety management systems work and what they look like
- Managing risk – understanding people and processes
- Health and safety monitoring and measuring
- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- Work equipment
- General workplace issues
- Fire
- Electricity



[Click here to find out more about our NEBOSH National General Certificate course »](#)

## COURSE DELIVERY:

Our NEBOSH National General Certificate training course is delivered via virtual classroom, a combination of live online tutorials and interactive group sessions.

The duration of study is ten days (a minimum of 80 hours' tuition plus 53 hours' private study, homework using past papers and background reading).

We also deliver a NEBOSH NGC public classroom course, [view our upcoming dates here.](#)

**“Structure, content and tutor support was amazing, fantastic engagement throughout, and an enjoyable way to learn such an enormous subject. Would highly recommend the International Workplace NEBOSH course for anyone looking to gain a reputable Health & Safety qualification.”**

**Gary Middlehurst**, Brookfield Properties

# IN-HOUSE TRAINING COURSES

<b>Hazards Training Courses.....</b>	<b>13</b>	<b>Construction And Risk Training Courses .....</b>	<b>31</b>
Accident and Incident Reporting .....	14	CDM Regulations Awareness .....	32
Asbestos Awareness .....	15	Manual Handling Awareness .....	33
Control of Substances Hazardous to Health .....	16	Permits to Work.....	34
Display Screen Equipment (DSE) Assessors.....	17	Risk Assessment And Method Statement (RAMS).....	35
Display Screen Equipment (DSE) Awareness.....	18	Selection and Control of Contractors.....	36
Legionella Awareness .....	19	Slips, Trips and Falls Awareness.....	37
Lone Working.....	20	Working at Heights.....	38
<b>First Aid Training Courses .....</b>	<b>21</b>	<b>Environmental Training Courses.....</b>	<b>39</b>
Emergency First Aid at Work (Level Two) .....	22	Environmental Awareness .....	40
First Aid at Work (Level Three).....	23	Introduction to Environmental Management .....	41
First Aid Refresher.....	24		
<b>Fire And Evacuation Training Courses ..</b>	<b>25</b>		
Fire Marshal.....	26		
Fire Risk Assessment .....	27		
Fire Safety Awareness .....	28		
Fire Warden.....	29		
Personal Emergency Evacuation (Peeps) .....	30		

# HAZARDS TRAINING COURSES



# ACCIDENT AND INCIDENT REPORTING

The Accident and Incident Reporting training course will help learners develop their understanding and skill set to be able to complete and process accident report forms, whilst improving their investigation techniques and practice.

This course is suitable for supervisors, managers, safety professionals or anyone who is responsible for safety in a workplace.

## Accident and Incident Reporting covers:

- An introduction to accident and incident reporting
- Near miss reporting
- Reporting accidents and incidents
- Gathering and securing evidence
- Dealing with legalisation and authorities



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Accident and Incident Reporting training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# ASBESTOS AWARENESS

The Asbestos Awareness training course will help develop the learner's understanding of how to manage asbestos in the workplace and recognise the risks. The content of the training is stipulated in the L143 Approved Code of Practice for the Control of Asbestos Regulations (CAR) 2012.

This course is suitable for anyone liable to disturb the fabric of a building or supervising those people, who must have awareness training.

## Asbestos Awareness covers:

- What is asbestos?
- Properties of asbestos
- Different types, uses and occurrences of asbestos
- Effects on health
- Legislation
- How to avoid risks from building work



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Asbestos Awareness training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# CONTROL OF SUBSTANCES HAZARDOUS TO HEALTH

The Control of Substances Hazardous to Health training course provides learners with an introduction to using hazardous substances in the workplace.

This course is aimed at low to medium risk businesses, ideal for employees or supervisors who require an introduction to, or a refresher on, the use, storage and handling of hazardous substances.

## Control of Substances Hazardous to Health (COSHH) covers:

- An introduction to the different types of hazardous substances
- The impact of hazardous substances on people, the environment and your business
- What can go wrong when exposed to substances?
- COSHH Regulations – introduction to and requirements of UK law
- Exploring Material Safety Data Sheets (MSDSs) also known as SDSs
- Typical control measures used when working with hazardous substances
- Substances in your workplace and the COSHH risk assessment process



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Control of Substances Hazardous to Health (COSHH) training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# DISPLAY SCREEN EQUIPMENT (DSE) ASSESSORS

The Display Screen Equipment Assessors training course provides the skills to carry out risk assessments in compliance with the Health and Safety (Display Screen Equipment) Regulations and seeks to protect the health of workers by reducing risks from musculoskeletal disorders, mental stress and visual fatigue.

It is designed for office managers, health and safety managers, supervisors and anyone working with visual display screen equipment.

## Display Screen Equipment (DSE) Assessors:

- Introduction to Display Screen Equipment (DSE)
- DSE assessments
- Ergonomic equipment and environment
- Practical experience
- Alternative DSE
- Good posture and wellbeing



[Click here to find out more »](#)

## COURSE DELIVERY:

Our display screen equipment (DSE) assessors training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# DISPLAY SCREEN EQUIPMENT (DSE) AWARENESS

The Display Screen Equipment Awareness training course will raise awareness of the health risks associated with working with display screens and identify steps to reduce the risk of injury or ill health.

This course is suitable for display screen users in all workplaces and the training can incorporate company-specific procedures.

## Display Screen Equipment (DSE) Awareness covers:

- Introduction to Display Screen Equipment (DSE)
- DSE Regulations, the Health and Safety at Work etc. Act 1974
- Health risks associated with DSE
- Good posture and wellbeing
- Control measures



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Display Screen Equipment (DSE) Awareness training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# LEGIONELLA AWARENESS

The Legionella Awareness training course ensures your organisation meets the Approved Code of Practice (ACoP) and guidance for Legionnaires disease, and the control of Legionnaires bacteria in water systems.

Learners will leave this course with a thorough understanding of their responsibilities and how to manage the risks associated with Legionnaires disease.

## Legionella Awareness covers:

- An introduction to Legionella and what it is
- Discussion of Legislation – the Health and Safety at Work etc. Act 1974, COSHH, ACoP L8 HSG 274 Part 2
- Illnesses caused by legionella bacteria and how these are contracted
- Risk areas/sources where legionella bacteria can thrive
- How to minimise and manage risks
- Responsible person's responsibilities and required documentation



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Legionella Awareness training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# LONE WORKING

The Lone Working training course explores the hazards and risks associated with working alone and the additional controls an organisation should consider in order to promote safe lone working.

This course is suitable for any individual who works by themselves and needs to consider practical steps to reduce the risk to their personal safety and wellbeing.

## Lone Working covers:

- Introduction to lone working
- Overview of H&S legislation and good management practice
- Assessing risks of lone working
- Controlling the risks of lone working
- Applying control measures



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Lone Working training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# FIRST AID TRAINING COURSES



# EMERGENCY FIRST AID AT WORK (LEVEL TWO)

The Emergency First Aid at Work (level two) training course provides learners with the essential skills and knowledge to deal with first aid situations in the workplace.

When an employer's first aid needs assessment identifies that a first aider is not necessary, the minimum requirement is to appoint a person to take charge of first aid arrangements. The role of this appointed person includes looking after first aid equipment and facilities and calling the emergency services when required.

## **Emergency First Aid at Work (level two) covers:**

- Personal safety, assessing the incident
- Reporting and recording of incidents as required by the HSE
- Contents of HSE approved first aid kit
- Unconscious casualty
- Resuscitation: adults
- Choking, dealing with blood loss and shock, burns and scalds, poisoning, asthma, heart attack, diabetes, strokes, seizures



[Click here to find out more »](#)

## **COURSE DELIVERY:**

Our Emergency First Aid at Work (level two) training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# FIRST AID AT WORK (LEVEL THREE)

The First Aid at Work (level three) training course provides the knowledge, understanding and skills required to deal with a range of illnesses and injuries requiring first aid in the workplace. This course meets the legislative criteria and enables learners to become HSE-approved, fully qualified first aiders in the workplace.

## First Aid at Work (level three) covers:

- Roles and responsibilities of first aiders in the workplace
- Assessing incidents
- Managing unconscious casualties (including CPR training)
- First aid for choking, external bleeding, shock, minor injuries, injuries to bones, joints and muscles (including head and spinal injuries)
- Management of illness and injury in the workplace
- Medical emergencies and treatment of major illnesses



[Click here to find out more »](#)

## COURSE DELIVERY:

Our First Aid at Work (level three) training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# FIRST AID REFRESHER

The First Aid Refresher training course is a short refresher course for learners who have qualified in either First Aid at Work (level three) and/or Emergency First Aid at Work (level two), to ensure individuals remain qualified and up-to-date on current legislative guidelines.

## First Aid Refresher covers:

- Roles and responsibilities of a first aider
- Treatment for burns, eye injuries, poisoning, shock, choking, external bleeding, minor injuries, injuries to bones, joints and muscles (including head and spinal injuries)
- Cardiopulmonary resuscitation (CPR)
- Transporting a casualty safely
- Importance of personal hygiene in first aid
- Legal framework for first aid in the workplace
- Use of first aid equipment



[Click here to find out more »](#)

## COURSE DELIVERY:

Our First Aid Refresher training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# FIRE AND EVACUATION TRAINING COURSES



# FIRE MARSHAL

The Fire Marshal training course raises awareness of the dangers and risks associated with fire and provides management with the opportunity to improve fire prevention practices and implement good fire safety and management.

This training course is suitable for anyone with fire marshal responsibilities, as well as deputies, safety representatives and anyone responsible for fire safety within a workplace.

## Fire Marshal covers:

- Understand how fire starts and how fire can spread
- Key hazards and risks of fires in the workplace
- Safe evacuation in the workplace
- Fire risk assessment and action plans
- Be able to implement fire controls
- Understand the role and responsibilities of a Fire Marshal within your organisation
- How to use fire equipment



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Fire Marshal training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# FIRE RISK ASSESSMENT

The Fire Risk Assessment training course is designed to help learners understand their responsibilities for fire safety and implement measures to control the risk of a fire in the workplace. Learners will learn how to incorporate fire risk assessment into their ongoing management procedures.

This training course is designed for individuals that are responsible for the management of fire safety.

## Fire Risk Assessments covers:

- Principles of fire safety
- Preventing fires from occurring
- Controlling fires
- Emergency procedures and evacuation
- Identifying and evaluating fire risks and hazards
- Recording and reviewing fire risk assessments



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Fire Risk Assessment training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different

# FIRE SAFETY AWARENESS

The Fire Safety Awareness training course combines relevant UK fire legislation with health and safety best practice. It explores the safety features that organisations should have in place to prevent and control fire and, in the event of a fire, the actions that should be taken to assist in swift and safe evacuation.

## Fire Safety Awareness covers:

- Introduction to fire safety awareness
- Responsibilities under fire legislation
- Conducting a fire risk assessment and the principles of carrying one out
- Recognising fire hazards and risk, and preventing fires
- Identifying workplace safety features
- Control measures to prevent the start and spread of a fire
- Actions to take in the event of a fire



## COURSE DELIVERY:

Our Fire Safety Awareness training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# FIRE WARDEN

The Fire Warden training course provides you with the knowledge and skills to identify fire hazards and dangers and reduce the likelihood of a fire occurring. If a fire does break out, the individual will have the knowledge to deal with a fire in a safe manner.

## Fire Warden covers:

- Introduction to fire warden duties
- Preventing fires
- Controlling the effects of fire if they start
- Means of extinguishing fires
- Role and responsibilities of a fire warden
- Safe evacuation of people in the workplace, including people with disabilities
- Fire safety check and emergency procedures
- Identifying the fire safety measures in place in your workplace
- Identifying which extinguishers can be used to fight fires and how to do so safely



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Fire Warden training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# PERSONAL EMERGENCY EVACUATION (PEEPS)

The Personal Emergency Evacuation Planning training course helps individuals comply with fire safety laws in relation to disabled people who may need assistance when evacuating a building in an emergency.

This course is suitable for managers, supervisors or anyone responsible for a person with a disability who requires assistance in the event of fire evacuation.

## Personal Emergency Evacuation Planning covers:

- What is a Personal Emergency Evacuation Plan (PEEP)?
- Legislation
- Who requires one?
- Residential buildings, including care homes
- Putting a PEEP in place
- Check and review



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Personal Emergency Evacuation Planning (PEEPS) training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# CONSTRUCTION AND RISK TRAINING COURSES



# CDM REGULATIONS AWARENESS

The CDM Regulations Awareness training course will look in detail at the legislative requirements as well as the application of the accompanying CDM Approved Code of Practice.

This course is suitable for any person, contractor or company who may take the role of Client, Principal Designer, Principal Contractor, Designer or Contractor.

## CDM Regulations Awareness covers:

- A clear understanding of the significant changes in the Construction (Design and Management) Regulations 2015 (CDM 2015) relevant to the management of health and safety in construction projects in the UK.
- Set out the duties of all “dutyholders” defined in the new Regulations, paying specific attention to the Designer.
- Discuss the Regulations and raise any issues of concern.



[Click here to find out more »](#)

## COURSE DELIVERY:

Our CDM Regulations Awareness training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# MANUAL HANDLING AWARENESS

The Manual Handling Awareness training course will help learners understand the risks and dangers associated with lifting and handling in the workplace and identify the steps that can be taken to reduce and control the risks and likelihood of injury.

This course is suitable for anyone who is required to lift and move objects at work.

## Manual Handling Awareness covers:

- The legal requirements and the duties of the employer and employee
- The harm that poor manual handling causes
- Safe lifting and handling techniques
- The relevant personal protective equipment requirements
- The issue of team lifts
- Dynamic risk assessment
- Injury management and rehabilitation



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Manual Handling Awareness training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# PERMITS TO WORK

The Permits to Work training course explores the essential elements of permits to work systems and what type of high-risk activities may require them.

This course is ideal for health and safety managers and line managers responsible for higher risk activities, particularly where third-party contractors are employed.

## Permits to Work covers:

- Introduction to the need for permits to work
- The fundamentals of permits to work
- The procedures of permits to work
- Unusual termination of the permit
- The responsibilities of the issuer and receiver of the permit.
- 'Vicinitee' practical application.



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Permits to Work training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# RISK ASSESSMENT AND METHOD STATEMENT (RAMS)

The Risk Assessment and Method Statement (RAMS) training course will help learners examine what is meant by risk assessment, the basic principles of risk assessment, and the HSE's recognised five-step approach to successful risk assessment as part of an overall safe system of work.

This course is suitable for individuals who are responsible for writing and reviewing risk assessments and method statements.

## Risk Assessment and Method Statement (RAMS) covers:

- The legal requirement for risk assessments
- Risk assessment, method statements and Safe Systems of Work
- Managing, selecting and approving contractors
- Contractor training
- Day-to-day management
- Specific issues to consider during contractor projects



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Risk Assessment and Method Statement (RAMS) training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# SELECTION AND CONTROL OF CONTRACTORS

The Selection and Control of Contractors training course will develop the learner's ability to understand how to select and manage contractors. It helps clarify the general health and safety responsibilities of clients and contractors to protect people and the workforce.

This course is suitable for individuals who are responsible for managing contractors in the workplace.

## Selection and Control of Contractors covers:

- What to consider when deciding to use contractors
- Advantages and disadvantages of using contractors
- Legal health and safety issues relating to contractors
- Assessing the risks of contract work
- Contractor selection and consideration
- Control of contractors during the work and monitoring performance
- Basics of Construction, Design and Management (CDM) Regulations



[Click here to find out more »](#)

## COURSE DELIVERY:

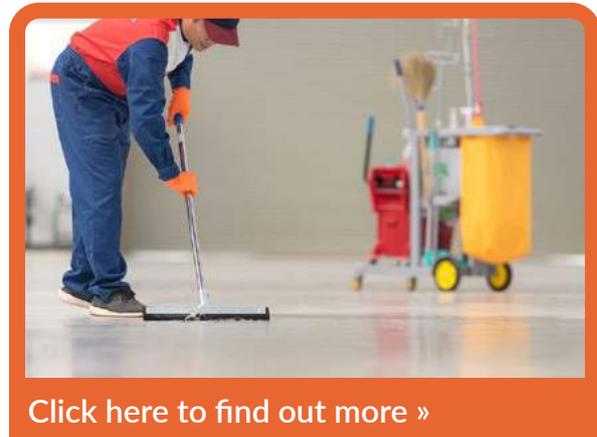
Our Selection and Control of Contractors training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# SLIPS, TRIPS AND FALLS AWARENESS

The Slips, Trips and Falls Awareness training course explains the measures that employers and employees may need to implement to help prevent slips, trips and falls. It explores simple ways to control the risks of slips, trips and falls to help prevent accidents in the workplace.

## Slips, Trips and Falls Awareness covers:

- An introduction to slips, trips and falls
- Why we should take them seriously
- Introduction and requirements of regulations
- Common causes and hazards of slips, trips and falls in the workplace
- Who is affected?
- Prevention measures for slips, trips and falls in your workplace and the risk assessment process
- Recent case studies



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Slips, Trips and Falls training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# WORKING AT HEIGHTS

The Working at Heights training course will help learners understand the dangers associated with working at heights and implement ways to minimise and control the risks. This course is designed for employees and operatives who are required to work at height.

## Working at Heights covers:

- Introduction to working at heights
- The legislation regarding working at heights, including the requirements of the Work at Height Regulations 2005
- Minimising the hazards and risk assessment
- Use of work equipment when working from heights
- Fall arrest equipment, harness use and rope work
- Emergency procedures



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Working at Heights training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# ENVIRONMENTAL TRAINING COURSES



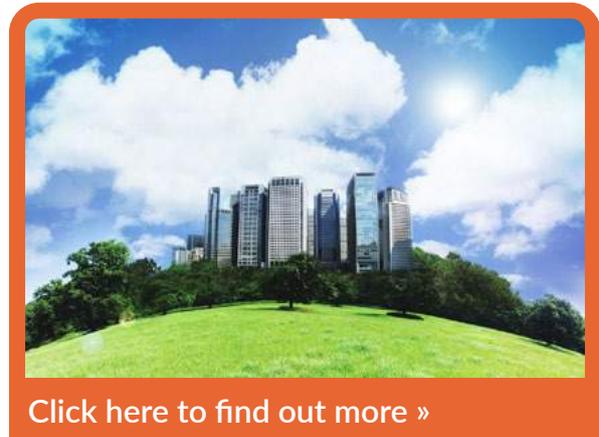
# ENVIRONMENTAL AWARENESS

The Environmental Awareness training course helps learners understand environmental issues and their relevance to business activities. Every workplace has a responsibility to ensure staff have a sufficient understanding of environmental awareness in order to help the business meet its environmental objectives.

This course outlines the key points to enable workers to understand the importance of environmental awareness regardless of their position.

## **Environmental Awareness covers:**

- Your moral, financial and legal responsibilities
- Environmental legislation
- Risks to the environment
- Energy efficiency
- Raising awareness
- Reducing waste and going green



## **COURSE DELIVERY:**

Our Environmental Awareness training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

# INTRODUCTION TO ENVIRONMENTAL MANAGEMENT

The Introduction to Environmental Management training course helps learners understand their responsibilities and how to manage environmental issues in relation to business activities. This course outlines the requirement to identify environmental risks, consider improvements and the need to raise awareness to ensure the business meets its environmental objectives.

## Introduction to Environmental Management covers:

- Your responsibilities
- Environmental legislation
- Risks to the environment
- Environmental management
- Emergency planning
- Energy efficiency
- Raising awareness
- Reducing waste and going green



[Click here to find out more »](#)

## COURSE DELIVERY:

Our Introduction to Environmental Management training course has been developed by our health and safety experts at International Workplace. The duration of this course is half a day, and we provide two different delivery options that include virtual classroom and face-to-face classroom courses.

To find out more about our health, safety and wellbeing training courses here at International Workplace just visit

**[www.internationalworkplace.com](http://www.internationalworkplace.com)**

You can contact our team today by:

calling **0333 210 1995**

or emailing **[sales@internationalworkplace.com](mailto:sales@internationalworkplace.com)**

## **Connect with us on our socials**

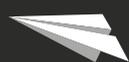
To stay up to date with the latest news, learner feedback and everything you need to know about our training course.



**International Workplace**



**@IntWorkplace**



**Subscribe** to our weekly news bulletin,  
just [click here](#) to register your details



it all starts with you™

**INTERNATIONAL  
WORKPLACE**